

# Kursplan: Kids/Teens

16.10.2017 - 22.10.2017

**David Gym 47**  
 Albisriederstrasse 199a  
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Montag 16.10.2017	Dienstag 17.10.2017	Mittwoch 18.10.2017	Donnerstag 19.10.2017	Freitag 20.10.2017	Samstag 21.10.2017	Sonntag 22.10.2017	
	<div style="background-color: orange; padding: 5px; margin-bottom: 10px;">                     10:15 - 10:50                      KIDS Workout (2-3 J...                 </div> <div style="background-color: purple; padding: 5px;">                     17:30 - 18:25                      Muay Thai KIDS                 </div>	<div style="background-color: orange; padding: 5px; margin-bottom: 10px;">                     14:30 - 17:00                      Sportaerobic Teens                 </div> <div style="background-color: orange; padding: 5px;">                     15:15 - 16:15                      Sportaerobic Kids                 </div>		<div style="background-color: orange; padding: 5px; margin-bottom: 10px;">                     17:00 - 18:00                      Sportaerobic Kids (...                 </div> <div style="background-color: purple; padding: 5px; margin-bottom: 10px;">                     17:30 - 18:25                      Muay Thai KIDS                 </div> <div style="background-color: orange; padding: 5px;">                     18:00 - 19:00                      Sportaerobic Teens ...                 </div>			

- Ausdauer
- Dance
- Gesundheit
- HITT / Functiona...
- Kids DG 47
- Kids DG ZH-West
- Kids Functional
- Kids Kampfsport ...
- Kraft

Stand: 20.10.2017